



What we want you to know

- We are human, treat us the same as everyone
- Learn about us, our unique and diverse abilities, and our support needs
- Don't skip us. Include us, and build a trusting relationship
- Be patient. Look, listen, hear, and talk to us
- Ask how to talk to us. Use plain language. Allow time. Communicate in ways we understand
- Support and empower us to make our own decisions
- Please don't label us, nor make assumptions. Get to know us
- Be emotionally present and support us
- Break the stigma

About the Healthy Discussions Project

Healthy Discussions: Supporting people with disability to make and communicate health decisions, is funded by the Australian Government Department of Social Services.



The aim of the project is to improve the way that health practitioners communicate with people with disability and to improve their understanding of disability

The voice of people with lived experience of disability is at the heart of the Healthy Discussions project.

Outputs

- ◆ HealthCARE Conversations video, aimed at improving communication between health practitioners and people with disability

https://youtu.be/4_025MN_484



- ◆ Information sessions
- ◆ Education at universities

Find out more



Office of the Public Advocate website

<https://www.publicadvocate.vic.gov.au/opa-s-work/healthy-discussions-project>

Contact us



For information sessions and to find out more

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